



St. Mark's Lutheran Church

ReMarks and ReMindørs

JULY 13, 2021

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### WE NEED YOUR HELP

One of Pastor Russ' ongoing projects is to expand our presence on social media in order to reach out to people who are online. We're going to be posting on our social media with videos from Sunday worship; highlights about our ministries at St. Mark's; notes about the work that our neighbor congregations, the SEPA synod, and the ELCA are doing; and much more. Here's where we need your help. When you see those items on facebook (and hopefully other social media sites coming soon), please like *and share* them (sharing them to your news feed helps to spread them further than liking them does) to help spread the word about what God is doing with us, and what we're doing here at St. Mark's!

### LIFE LINE SCREENING

Life Line Screening is returning to St. Mark's on July 21<sup>st</sup>. They offer five preventive health screenings. You can choose just one or all of them.

They use ultra-sound screening to test for carotid artery plaque build-up, abdominal aneurysm risk, and osteoporosis risk assessment. A quick, easy EKG with electrodes placed on arms and legs screens for irregular heartbeat. They also offer peripheral arterial disease screening.

There are flyers in the narthex explaining the services they provide. It also includes information on registering for the tests. Call: 1-888-653-6450 to register or go to: [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners). The date is Wednesday, July 21<sup>st</sup>. It is held in our social room. Masks are optional for vaccinated people, although the Life Line team will be required to wear masks. Seating will be spaced appropriately.

### HOAGIE PICK-UP

Don't forget to pick up your hoagie order on Thursday, July 15<sup>th</sup>! It's what's for dinner that day! Pick up is in social room between 6 – 6:30 PM.

St. Mark's Lutheran Church / Pennsburg U.C.C.

**VACATION BIBLE SCHOOL**

**JULY 18 – JULY 22, 2021**

Sunday – Thursday 6:30 PM– 8:00 PM

Sunday registration – 6:15PM

Children may leave earlier w/parent or guardian if necessary

Location: Pennsburg Unite Church of Christ

775 Main Street, Pennsburg

**“Rocky Railway – Jesus’ Power Pulls Us Through”**

Children ages 2 to just completed 6<sup>th</sup> grade are invited to participate.

**Children age 3 or under must be accompanied by an adult.**

Donations of juice boxes or pouches, bottles of water and pre-packaged snacks. Donations can be dropped off just before or during Vacation Bible School. Adults who would like to help out are always welcome! Children are urged to dress comfortably and wear a mask. Social distancing will be observed and children will be urged to sit with family/household members. Please bring a beach towel per child.

Please complete the attached Enrollment Form and return to St. Mark's, attention Dawn or Pennsburg U.C.C., attention Wendy as soon as possible to reserve a spot.

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**ST. MARK'S / PENNSBURG U.C.C. VBS ENROLLMENT FORM**

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Day \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Grade Completed \_\_\_\_\_

Parent's Names \_\_\_\_\_

Who May Pick Up Your Child? \_\_\_\_\_

Emergency Contact Name(s) \_\_\_\_\_

Emergency Contact Phone #(s) \_\_\_\_\_

Food Allergies \_\_\_\_\_

Other Helpful Information \_\_\_\_\_

Do You Have A Church Home? Yes \_\_\_\_\_ No \_\_\_\_\_

Comments \_\_\_\_\_

I give my permission for \_\_\_\_\_ to attend Rocky Railway VBS, July 18 to 22, 2021. In the event of medical emergency, I authorize VBS Staff to seek medical attention for my child, I will assume responsibility for any/all resultant expense. Every attempt will be made to notify the parent or emergency contact first.

\_\_\_\_\_  
Parent/Guardian Signature & Dat

## NEWS FROM YOUTH OUTREACH

The Youth Outreach will be holding a drive-up drop off for food items that Open Link needs on **July 21st in the parking lot from 6:30 to 8:00**. Here is the list of requested items:



### **Food Pantry Top Needs Summer 2021**

- **Pasta & Pasta Sauce/Tomato Products**
- **Canned Fruit**
- **Pancake Mix**
- **Rice (Brown & White)**
- **Pasta/Rice Sides**
- **Condiments**
- **Baking Mixes**
- **Jelly (Grape or Strawberry)**
- **Cooking Oil**
- **Creamy Soups**
- **Canned Meats**
- **Cereal**
- **Mashed Potatoes**
- **Cleaning Supplies: All-Purpose, Window, Toilet Cleaners, Paper Towels, Laundry Soap**
- **Personal Hygiene Supplies: Shampoo, Conditioner, Body Wash**

*Please make sure all donated items are within a good expiration date. Thank you!*



Donations can be dropped off at the food pantry entrance (rear of the building), 452 Penn Street in Pennsburg, during regular office hours: Monday-Friday, 8 am to 4 pm. For additional information, please call 215.679.4112.

Hi St.Mark's Congregation!

On Sunday August 8, St. Mark's Youth Outreach Committee is holding a bake sale to help raise money for our ALS walk this Fall. The sale will take place before and after the church service on the 8th. If you would like to donate a baked good

please email us at [youthoutreach@stmarkspennsburg.com](mailto:youthoutreach@stmarkspennsburg.com) or call Heather Schmitt at 215-541-4423

Thank you in advance!  
St. Mark's Youth Outreach Committee

### RED CROSS BLOOD DRIVE

The annual fall Red Cross Blood Drive will return to St. Mark's on Tuesday, September 14th and Wednesday, September 15th. Hours will be 2:00-7:00 pm on both days. The drive will span two days to allow for continued social distancing protocols. At this time, Red Cross protocol is that masks will be optional. Red Cross will send notification if there are masking protocol changes as we approach the blood drive days. It's never too early to schedule your donation time. New donors are welcome and needed! To schedule an appointment please contact Maribeth Reigner at 215-679-8563 or log on to [redcrossblood.org](http://redcrossblood.org). **A few minutes from you can be worth a lifetime to a recipient.**  
**Thank you!**

### IN OTHER NEWS

HAPPY BIRTHDAY! Happy Birthday wishes for Naron! She will be 96 years young this Saturday!

The July/August/September Word In Season is available. You can pick up a copy in the narthex or call the church office to have one sent to you.

The Thursday evening Al-Anon group is continuing to meet at 80 Main Street (right across the street from St. Mark's). The meetings begin at 7PM. There is an AA meeting at 7PM Sunday also held at this location..

The Altar Flower Chart for July – December is posted in on the board in the narthex. Please check the chart to see if you are scheduled. There are still open dates if you wish to sponsor flowers. Bonnie can be reached at 215-280-4861 if you have any questions.

The Center for Bereavement and Loss will be holding a pick your own sunflower event on July 17 and 19<sup>th</sup>. There are time slots available. Reservations must be

made on-line only: [dp@bereavementcenter.org](mailto:dp@bereavementcenter.org) Their website is:  
[www.bereavementcenter.org/fieldssofhope](http://www.bereavementcenter.org/fieldssofhope) Farm location: Smith Farmstead,  
1415 Kriebel Mill Road, Collegeville.

- **DETAILS**

- Reserve a time to pick your own sunflowers by signing up for a designated U-Pick time slot.
- A rain date is offered for each U-Pick event day.
- Each reservation includes parking, a designated number of stems to pick, and access to the sunflower fields for one hour.
- Please bring a good pair of clippers or pruners and a bucket. The sunflower stalks are thick and heavy. We will have a limited quantity of clippers and buckets onsite, but we recommend bringing your own!
- Additional sunflowers can be picked for \$2.00 per stem.
- **DATES & TIMES** *\*Dates are tentative based on weather and growing conditions*
  - Saturday, July 17, 2021 (Rain date is Sunday, July 18, 2021) 9:00 am-6:00 pm
  - Monday, July 19, 2021 (Rain date is Tuesday, July 20, 2021) 9:00 am-3:00 pm
    - All reservations will be in 1-hour increments and start every hour and a half.
- **PRICES**
  - Adult (ages 15+): \$20 per person includes 8 stems and parking
  - Child (ages 4-14): \$10 per person includes 4 stems \*children under 4 free with an adult
  - Groups: (5 people of any age): \$60 per group includes up to 30 (total) stems
    - Parking included for all participants

### CALENDER NOTES

Thurs. July 15	Hoagie Pick up – Social Room 6PM
Monday, July 19	Courtyard Hours – 9 to 11AM
Tuesday, July 20	Courtyard Hours – 1 to 3PM
Wed. July 21	Life Line Screening – 9AM to 5PM
	Al-Anon 1PM (multi-purpose room)
	Youth Outreach Group Food Drive Thru– 6:30PM
	1 <sup>st</sup> Monday Meal Meeting – 7:00 PM

## HOMETOWN HEROS

Another addition to our list of St. Mark's Hometown Heroes:

Roy Stevens is on a banner on the 600 block of Main Street in Pennsburg. Marian Stevens sent me this information today. Roy is Connie Taglieber's Dad.

Thomas W. Hallman, Sr. is on a banner at 820 Main Street in Red Hill. You can find Thomas W. Hallman, Jr. on his banner at 808 Main Street, Red Hill.

Meryl Markley is on a banner on Main Street in Pennsburg. It's across the street from where the old Pennsburg Hotel used to be. Be sure to look for it!

Did you see the banner right across the road from church? It's Harold Schultz back when he was in the Navy.

The banner for Harriett Rapine's husband, Ellsworth, is at 135 Main Street, East Greenville. The banner for her brother, Harold Moffett, is in the 800 block in Red Hill.

Do we have any more St. Mark's members hanging around Main Street? Let me know so I can list the location. We want to see all of them!

## PRAYER LIST

Please keep the following people in your prayers:

Buddy Allen, Elsie Antonio, Lillie Bosler, Lisa Clark, Jack Cross, Marilyn Donis, Andrew Erb, Charlie Greulich, Marie Grubb, John Gruver, David Haines, Harold Hieter, Lisa Krause, Marie Jones, Dennis Laubach, Barbara Lehmann, Pat Matthews, Kenneth Miller, Deb Mullen, Barbara Opachinski, Lenny Rafalko, June Reigner, Mary Jane Schaeffer, Patsy Wampole and Charlene Wilson.

Please call the church office (215-679-9015) with any changes/additions.